

## **Brief Curriculum Vitae**

**Christos Lionis MD PhD**

**Professor of General Practice and Primary Health Care FRCGP (Hon)**

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### **Qualifications**

Christos Lionis graduated from the University of Athens Medical School in 1979, and is certified in both Internal Medicine and Social Medicine (Public Health). He also holds a PhD from the University of Crete entitled: 'An educational intervention in junior high school students for the prevention of coronary heart disease'.

### **Experience**

Since 1995 Christos Lionis has worked at the University of Crete Medical School, where he is Professor and Director of the Clinic of Social and Family Medicine. With a passion for the importance and the value of Family Medicine, Christos is actively involved in the development of Primary Care and General Practice on Crete, particularly in rural areas. He currently co-ordinates a thriving GP network, and is also responsible for the supervision of a number of PhD students.

Previous to his employment at the University of Crete, Christos worked for 9 years as Manager and Medical Director of Spili Health Centre, obtaining experience as a clinician and researcher in the field of Primary Health Care and General Practice.

From 2001 to 2004 Christos held the title of Deputy General Director of the Regional Health and Welfare system of Crete, a planning and regulatory body forming part of the Greek National Health Service with responsibility for overseeing all health and welfare services. He was elected *as Professor of General Practice and Primary Health Care at the School of Medicine, University of Crete, Greece* at the end of 2009. Since 2009, Christos has co-ordinated the Primary Health Care Unit at the Municipality of Heraklion, a shared initiative with the University Hospital and the Municipality of Heraklion. This facility offers medical care and assistance to socio economic deprived individuals, with a specific focus on chronic disorders.

### **Research interests**

The Clinic of Social and Family Medicine undertakes a number of experimental studies and research projects, with a particular emphasis on multidisciplinary approaches to health care, and consideration of social and psychological factors affecting health. Christos' key research activities and interest focus on primary health care and family medicine, quality management, and the formulation of guidelines for management of common disease and chronic conditions. He also has a particular interest in factors contributing to cardiovascular disease, gastroenterology and mental health. Christos and his research team at the University of Crete are involved in four FP7 European funded projects (one as coordinator) that are currently in progress as follows: "OTC SOCIOMED" (FP7-HEALTH-2007-B, "Assessing The Over-The-Counter Medications in Primary Care and Translating The Theory of Planned Behaviour into Interventions Project number 223654) (<http://www.otcsociomed.uoc.gr>), "RESTORE" (FP7-Health -2010-two stage

Health.2010.3.1-1, "Better understanding of dissemination and implementation strategies", <http://www.fp7restore.eu/>), "TRANSFORM" (FP7-ICT-2009-4, Project number 247787, "Translational Medicine and Patient Safety in Europe" <http://www.transformproject.eu/>) and EU-WISE ("Self-care Support for People with Long Term Conditions, Diabetes and Heart Disease: A Whole System Approach EU-WISE Grant Agreement Number: 279081). In addition his fields of expertise comprise of needs assessments, morbidity in general practice, diagnostic studies and probability, diseases' determinants and quality in primary care. More recently, Christos has become interested in the concept of 'compassionate care' and has worked with a colleague from UK (Mrs Sue Shea) in developing and delivering a successful elective for students at the University of Crete Medical School.

### **International Work**

Christos is involved in an editorial and advisory capacity with a number of international journals, including Family Practice (<http://fampra.oxfordjournals.org/>), BMC Family Medicine (where he is an acting Associate Editor) (<http://www.biomedcentral.com/>), Quality in Primary Care and International Journal of Mental Health in Family Medicine (<http://www.ingentaconnect.com/content/rmp/qpc>), Journal of Medical Case Reports (<http://www.jmedicalcasereports.com/>), Global Journal of Health Science, Cyprus Health Journal and the International Journal of Medicine and Public Health (<http://www.ijmedph.org/editorial-board>). He is Editor in Chief of the European section of the International Journal of Rural and Remote Health (<http://www.rrh.org.au>). Christos is a member of the Executive Boards of various professional organisations including: the European Rural and Isolated Practitioners Association (EURIPA, <http://www.euripa.org/>), the European Society for Primary Care Gastroenterology (ESPCG, <http://www.espcg.eu/>), the European Primary Care Cardiology Society (EPCCS, <http://www.epccs.eu/>), WONCA Working Party on Research ([http://www.globalfamilydoctors.com/aboutWONCA/working\\_groups/research](http://www.globalfamilydoctors.com/aboutWONCA/working_groups/research)) and WONCA Working Party on Mental Health (<http://www.globalfamilydoctor.com/aboutWONCA/sig/sig.asp>). Christos has recently been appointed as chairman of the International Federation of Practice based Research Network (IFPCRN, <http://www.ifpcrn.org>). He was elected to the Executive Board of the European Society of General Practice/Family Medicine (WONCA) Europe in 2003 and vice chairman of the European General Practice Research Network (<http://www.egprn.org>) in 2004.

Christos has collaborated with, and developed valuable affiliations via collaborative European/research projects with institutions and Medical Universities in the UK, including Kings College London, University of Glasgow, University of Liverpool, University of Limerick, University of Manchester and Guys and St Thomas Hospital as well as certain other Universities and Networks in Europe such as in France, Cyprus, Malta, Austria and Czech Republic. He was recently awarded an Honorary Fellowship from the Royal College of General Practitioners (RCGP) London. In addition, he regularly collaborates with various other countries including Sweden (where he spent 6 months at the Health Sciences School, Linköping University as a guest professor and researcher), The Netherlands (Leiden University), and Turkey in the framework of either Erasmus staff and students exchange programmes.

### **Publications**

Christos has published 212 papers in international journals (196 of which are cited in PubMed), in addition to 72 publications in Greek journals.